

ADVANCING YOUR NUTRITION RESEARCH IN



Covering a wide range of interdisciplinary material, Ovid NutriHealth includes a wealth of international nutrition content, such as:

Nutritional properties of foods

- Nutritional values - bioavailability, glycaemic index values, etc.
- Physiological, behavioural and health effects of foods, ingredients and food constituents

Nutritional policy and consumer information

- Public health nutrition
- Food-based dietary guidelines and recommendations
- Health promotion

Modification of the nutritional properties of foods

- Reformulation/fortification to improve nutritional/health properties
- Development and characteristics of new foods/ingredients - health benefits
- Development of foods for treating diseases/individuals with specific disease conditions - diabetic foods, foods for lowering lipid levels, hypoallergenic foods, etc.

Nutritional status

- Nutrient requirements
- Nutritional status of population groups, and impact on health and disease
- Techniques for assessing nutritional status
- Approaches for improving nutritional status
- Maternal nutrition and offspring health and disease
- Malnutrition and deficiency diseases
- Food security and food assistance
- Sports and exercise nutrition

Nutrition labelling and health claims

- Labelling schemes
- Nutrient profiling

Diet and eating/feeding habits

- Dietary patterns
- Diets, eating habits and drinking habits of population groups
- Techniques for studying dietary intake
- Impact of diet on health and disease
- Diet therapy, e.g. for obesity, metabolic syndrome, diabetes
- Ways of implementing dietary change

Impact of diet on health and disease

- Diet therapy, e.g. for obesity, metabolic syndrome, diabetes
- Personalised and precision nutrition
- Nutrigenetics and nutrigenomics

SOURCE EXAMPLES

Nutrition content is drawn from a wide variety of sources including journals, patents, books, reports and more.

Here are just some of the many nutrition focused journals included within Ovid NutriHealth, chosen to illustrate the diversity and breadth of content:

- British Journal of Nutrition
- Appetite
- Clinical Nutrition ESPEN
- Journal of Fasting & Health
- Nutraceuticals
- Global Pediatric Health
- Journal of Epidemiology & Global Health
- Journal of Dietary Supplements
- Molecular Nutrition and Food Research
- Nutrición Hospitalaria

USING OVID NUTRIHEALTH FOR YOUR RESEARCH

Our in-depth sector-specific indexing makes it easier for you to find nutrition information you need, however niche the topic!

Ovid NutriHealth is built on IFIS' FSTA thesaurus - the most comprehensive food and nutrition thesaurus in the world. We index everything in depth, using unique, food-specific keywords, enabling you to search efficiently.

You can also be confident that your search is comprehensive. By filtering your results using the thesaurus, your results will include variations, plurals and synonyms for that term.

For example, using the filter for **Flavour** will include results featuring **flavour, flavor, flavours**, and results in over 40 languages. It will also include synonyms like **taste, tastes** and **tasting**. A single search in Ovid NutriHealth pulls all these highly relevant results together for you. This is the power of indexing.

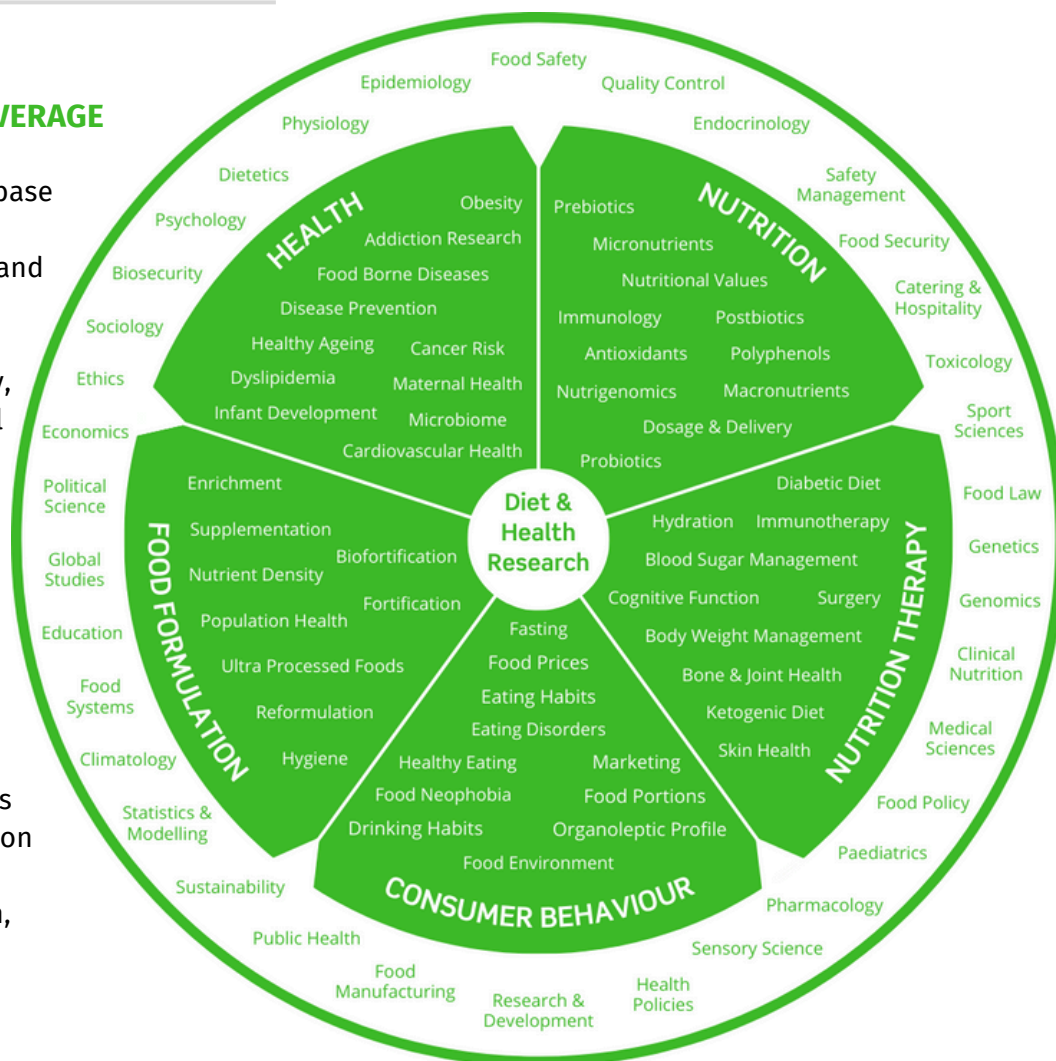
Example filters when searching for Fish Oil

- > Nutritional Status
 - Antioxidant Status
- > Micronutrient Status
 - Iodine Status
 - Iron Status
 - Vitamin B Status
 - Vitamin D Status

OVID NUTRIHEALTH'S INTERDISCIPLINARY COVERAGE

This interdisciplinary database explores the intricate relationship between diet and health, covering research fields ranging from clinical nutrition, nutrition therapy, pharmacology and medical sciences to public health and policy.

It encompasses a wide array of topics such as the prevention and treatment of obesity, diabetes, metabolic disorders and other noncommunicable diseases (NCDs) alongside research on allergies, immunology, the microbiome, mental health, cognition, and more.



Get started on your journey to better research

See for yourself what a difference Ovid NutriHealth can make.
Visit www.ifis.org/nutrihealth for more information.

 **IFIS** food and health information

 **Wolters Kluwer**