

ADVANCING YOUR PROCESSED FOODS AND REFORMULATION RESEARCH IN



Covering a wide range of interdisciplinary material, Ovid NutriHealth includes a wealth of international processed foods and reformulation content, such as:

All aspects of the formulation, processing, packaging, quality control, storage, distribution and marketing of processed foods including:

- Chilled and frozen foods
- Ready meals, convenience foods and snack foods
- Catering meals, including for schools, hospitals, airlines, space flight
- Alternatives, such as dairy, vegan alternatives
- Substitutes such as cheese, coffee, fat, meat, salt and sugar substitutes
- Imitation foods
- Dried foods, instant foods, mixes and powders
- Spreads, concentrates, pastes and extracts
- Condiments, preserves and sauces
- Functional foods and ingredients
- Health foods and sports foods/beverages
- Dietetic foods, and foods for weight loss
- Infant formulas and weaning foods

Reformulation of foods and beverages, including:

- Reduction or elimination of calories, fats, cholesterol, salt, sugars (sucrose, lactose), gluten, allergens, animal products
- Increasing contents of micronutrients, protein, dietary fibre, phytochemicals and other bioactive compounds
- Improving physical, chemical, microbiological and sensory quality characteristics
- Improving processing and technological properties
- Increasing storage and shelf-life, and ensuring food safety
- Development of clean label products
- Improving sustainability through use of by-products and underutilized food resources
- Patents
- Fortification and enrichment of foods

SOURCE EXAMPLES

Processed foods and reformulation content is drawn from a wide variety of sources including journals, patents, books, reports and more. Here are just some of the many food processing focused journals included within Ovid NutriHealth, chosen to illustrate the diversity and breadth of content:

- Food Processing
- Journal of Food Engineering
- Journal of Food Processing and Preservation
- Science and Technology of Food Industry
- Journal of Food Protection
- Prepared foods
- Journal of Food Process Engineering
- Process Biochemistry
- World Food Regulation Review
- Applied Food Research

USING OVID NUTRIHEALTH FOR YOUR RESEARCH

Our in-depth sector-specific indexing makes it easier for you to find the processed foods and reformulation information you need, however niche the topic!

Ovid NutriHealth is built on IFIS' FSTA thesaurus - the most comprehensive food and nutrition thesaurus in the world. We index everything in depth, using unique, food-specific keywords, enabling you to search efficiently.

You can also be confident that your search is comprehensive. By filtering your results using the thesaurus, your results will include variations, plurals and synonyms for that term.

For example, using the filter for **Flavour** will include results featuring **flavour, flavor, flavours**, and results in over 40 languages. It will also include synonyms like **taste, tastes** and **tasting**. A single search in Ovid NutriHealth pulls all these highly relevant results together for you. This is the power of indexing.

Example filters when searching for Diet Therapy

> Dietary Restriction

- Calories Low Diet
- Carbohydrates Low Diet
- Diabetic Diet
- Fats Low Diet
- Gluten Low Diet

> Ketogenic Diet

- Paleo Keto Diet
- Sodium Low Diet

OVID NUTRIHEALTH'S INTERDISCIPLINARY COVERAGE

This interdisciplinary database explores the intricate relationship between diet and health, covering research fields ranging from clinical nutrition, nutrition therapy, pharmacology and medical sciences to public health and policy.

It encompasses a wide array of topics such as the prevention and treatment of obesity, diabetes, metabolic disorders and other noncommunicable diseases (NCDs) alongside research on allergies, immunology, the microbiome, mental health, cognition, and more.



Get started on your journey to better research

See for yourself what a difference Ovid NutriHealth can make.
Visit www.ifis.org/nutrihealth for more information.

IFIS food and health information

Wolters Kluwer