

Quick Reference Guide - Basic search

Ovid NutriHealth is a powerful tool for finding research literature on diet, nutrition and health. The Basic Search function is designed for ease of use, allowing you to search using everyday language without needing advanced database skills.

FOLLOW THESE SIMPLE STEPS FOR HIGH-QUALITY RESULTS

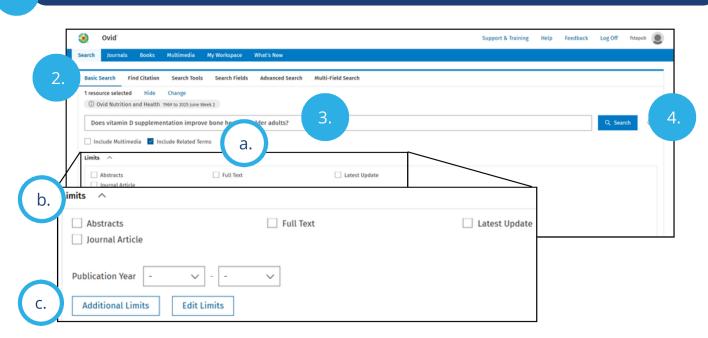
- Log in Log in to your institution's Ovid portal (e.g. via your library or NHS OpenAthens account).
 Select Ovid Nutrition and Health.
- Navigate to Basic Search Depending on your Settings, Ovid may open in Basic Search mode. If not, look for the 'Basic Search' tab or option on the main search page.
- Enter your search Type your question or topic, using clear, focused language. Think about how specific to make your question(s): If it is too broad, you can be overwhelmed by results. If it is too narrow, you risk missing important information.

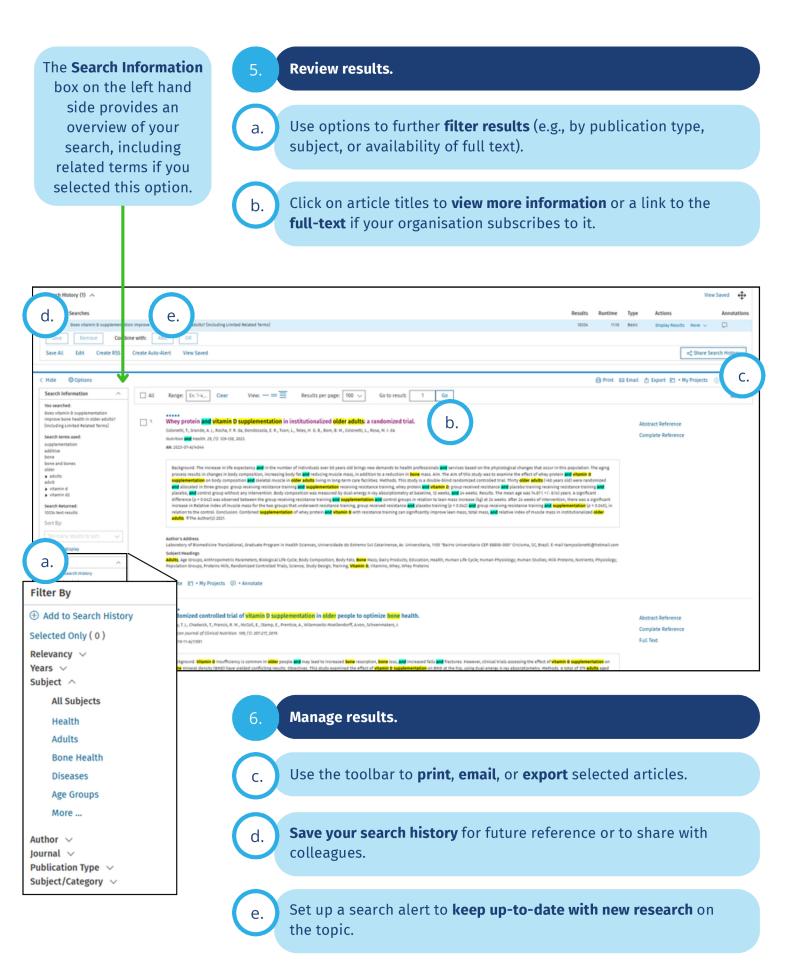
NOTE: Ovid's Basic Search uses natural language processing, so you don't need to use special symbols or Boolean operators (AND, OR, NOT).

- a. Tick 'Include Related
 Terms' to automatically
 search for synonyms and
 variations (e.g. child will
 also search for children,
 childhood etc.).
- b. To **limit your search results**, for example, by publication year, click Limits to open this section and select the limit you want. For more options, click 'Additional Limits'.

TIP: Use limits wisely. Too many may exclude useful articles; start broad, then narrow down.

4. **Run your search -** Click the 'Search' button to run your search.





ADDITIONAL GUIDES: If you'd like to expand your search skills, a range of quick reference guides are available, covering topics such as keyword searching, setting up alerts, and filtering for human studies: https://ifis.libguides.com/ovidnutrihealth-user-guidance/guides